

Post Sedation Care

Thank you for trusting us with your child's dental care. Please do not hesitate to call our office with any questions or concerns. We are always here to help in any way possible.

- The sedation medication causes relaxation and impairment of normal reflexes. Although your child has been evaluated and cleared to leave the office, **it is imperative that he/she be monitored the rest of the day.** The medication will stay in your child's system for up to 8 hrs.
- While driving home, please assure your child's head stays upright and does not roll or slump to one side. The chin should never touch the shoulders or chest.
- No school today – you should consider it a sick day. Playing outside should be avoided. Rigorous activity like on bikes, skateboards, trampolines, etc is especially dangerous, even if your child appears to be acting normally.
- Napping is expected. Your child is safest sleeping on their side. Please ensure that your child is resting in a comfortable, natural position with the head and neck straight.
- For the remainder of the day your child should eat light foods (sandwich, soup, fruit, etc.) Heavy foods (pizza, hamburgers, lasagna, etc) can cause an upset stomach. Please ensure that your child stay well-hydrated.
- The area of the treatment will be numb for 30 minutes to even 2 or 3 hours after the treatment. Watch your child to ensure they do not bite, suck or rub the area (including the tongue). The numbness experience differs from child to child and they may complain of it feeling "fat" or "weird" or even "hurting" – this is completely normal.
- Please consult with Dr. Zach and his staff prior to giving any medications other than Tylenol or Ibuprofen.

BASIN
Pediatric
DENTISTRY

Zachary Ellis, DDS
Kelcey Parrott, DDS
Matthew Carraway, DDS

Office 432-699-2044
Emergency 432-638-9525

Post Sedation Care

Thank you for trusting us with your child's dental care. Please do not hesitate to call our office with any questions or concerns. We are always here to help in any way possible.

- The sedation medication causes relaxation and impairment of normal reflexes. Although your child has been evaluated and cleared to leave the office, **it is imperative that he/she be monitored the rest of the day.** The medication will stay in your child's system for up to 8 hrs.
- While driving home, please assure your child's head stays upright and does not roll or slump to one side. The chin should never touch the shoulders or chest.
- No school today – you should consider it a sick day. Playing outside should be avoided. Rigorous activity like on bikes, skateboards, trampolines, etc is especially dangerous, even if your child appears to be acting normally.
- Napping is expected. Your child is safest sleeping on their side. Please ensure that your child is resting in a comfortable, natural position with the head and neck straight.
- For the remainder of the day your child should eat light foods (sandwich, soup, fruit, etc.) Heavy foods (pizza, hamburgers, lasagna, etc) can cause an upset stomach. Please ensure that your child stay well-hydrated.
- The area of the treatment will be numb for 30 minutes to even 2 or 3 hours after the treatment. Watch your child to ensure they do not bite, suck or rub the area (including the tongue). The numbness experience differs from child to child and they may complain of it feeling "fat" or "weird" or even "hurting" – this is completely normal.
- Please consult with Dr. Zach and his staff prior to giving any medications other than Tylenol or Ibuprofen.

BASIN
Pediatric
DENTISTRY

Zachary Ellis, DDS
Kelcey Parrott, DDS
Matthew Carraway, DDS

Office 432-699-2044
Emergency 432-638-9525